

μηνη



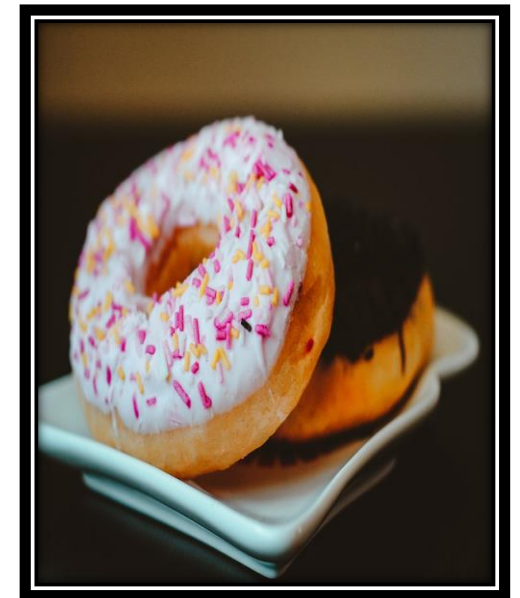


“As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult requires **2000 kcals** of energy per day. However, the actual calories needed may vary per person”.



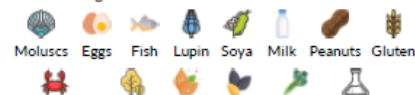
BREAKFAST

<p> <span style="color: green;">■</span> <b>Fresh juice   245ml</b> <span style="color: green;">✓</span>            Watermelon 162 Kcal   pineapple 138 kcal   Orange 576 Kcal   sweet lime 430 Kcal         </p>	-----	<b>375</b>
<p> <span style="color: green;">■</span> <b>Cut fruit   319 Kcal   350gms</b> <span style="color: green;">✓</span>            Seasonal fruit platter         </p>	-----	<b>375</b>
<p> <span style="color: green;">■</span> <b>Quinoa oatmeal porridge   508 Kcal   260gms</b> 🍌 🥛            Chia seeds   black raisin   sunflower seeds         </p>	-----	<b>475</b>
<p> <span style="color: green;">■</span> <b>Cereals   250gms</b> 🥛            Cornflakes 357 Kcal   Choco flakes 362 Kcal   Fruit loop 354 Kcal   All-bran 246 Kcal   Gluten free muesli 413 Kcal   Granola 471 Kcal            Hot or cold milk 67 Kcal   low fat milk 67 Kcal   Soy milk 54 Kcal   lactose free milk 90 Kcal   Almond milk 17 kcal   Fruit yoghurt 94 kcal   Natural yoghurt 59 kcal         </p>	-----	<b>475</b>
<p> <span style="color: red;">▲</span> <b>Baker's basket   213.37 kcal   345gms</b> 🍞 🥛 🍌            White   whole wheat   sour dough bread slices   soft roll   croissant   danish pastry   toast butter   preserves   honey         </p>	-----	<b>475</b>
<p> <span style="color: red;">▲</span> <b>Cold cuts   421.25 kcal   499 kcal   275gms</b> 🍗 🐷            Chicken   Pork         </p>	-----	<b>575</b>
<p> <span style="color: red;">▲</span> <b>Waffle breakfast   798 Kcal   320gms</b> 🍌 🥛 🥞            Baked waffle   maple syrup   whipped cream   crispy bacon and syrup topping         </p>	-----	<b>575</b>
<p> <span style="color: red;">▲</span> <b>Two free range eggs   519kcal   365gms</b> 🥚 🍌            Poached on toast   fried   scrambled   boiled   omelette of your choice         </p>	-----	<b>575</b>



\*Above kcal values are based on per portion








List of Allergens:

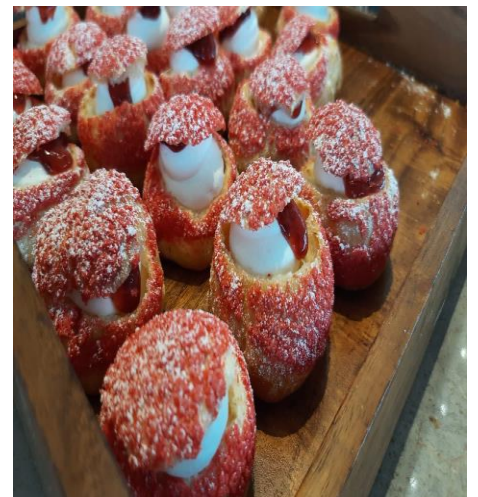


Crustaceans Mustard Nuts Sesame Celery Sulphites

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■ Vegetarian ▲ Non-Vegetarian ✓ Vegan ★ Signature Dishes

<ul style="list-style-type: none"> <li> <span style="color: green;">●</span> <b>Bara ghuguni   893 kcal 415gms</b>  </li> </ul> <p>Stuffed urad dal dumpling   yellow peas curry</p>	-----	<b>475</b>
<ul style="list-style-type: none"> <li> <span style="color: green;">●</span> <b>Idli sambar   756 kcal 470gms</b>   </li> </ul> <p>Steamed rice lentil cake   sāmbar &amp; chutneys</p>	-----	<b>475</b>
<ul style="list-style-type: none"> <li> <span style="color: green;">●</span> <b>Dosa  795 Kcal 345gms</b> </li> </ul> <p>Plain   masala   sāmbar &amp; chutneys</p>	-----	<b>525</b>
<ul style="list-style-type: none"> <li> <span style="color: green;">●</span> <b>Punjabi tawa paratha  315gms</b>   </li> </ul> <p><b>908 Kcal  955Kcal 838Kcal</b> Aloo pyaz   paneer bhurjee   ajwaini gobhi</p>	-----	<b>525</b>
<ul style="list-style-type: none"> <li> <span style="color: green;">●</span> <b>Poori aloo bhaji  884.8 Kcal 425gms</b>   </li> </ul> <p>Fried puffed bread   potato curry</p>	-----	<b>525</b>



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SOUPS & SALADS

▲	<b>Crab bisque   392 Kcal   180gms</b> 🍷 🦀 🌿	-----	475
	Gremolata toast		
●▲	<b>Choice of Oriental   204 Kcal   180gms</b> 🍷 🌿	-----	375   475
	Lemon & Coriander   Manchow   Hot & Sour   Sweet corn		
●	<b>Roasted tomato soup   251 Kcal   180gms</b> 🍷 🌿 🌾 🧪	-----	325
	Cherry tomatoes   sweet basil		
●	<b>Mushroom soup   284 Kcal   180gms</b> 🌾 🍷	-----	375
	Button mushroom   cream   pesto		
▲	<b>Grilled chicken &amp; Poached pears salad</b>   🌿 🍏	-----	650
	<b>407 Kcal   295gms</b> Crispy iceberg lettuce   parmesan shaving   herb vinaigrette, cinnamon, wine vinegar poached		
●	<b>Leaves and peppers   244 Kcal   275gms</b> 🍷	-----	595
	Goat cheese   Kalamata olive   onion   Dutch cucumber		
●	<b>Roasted roots &amp; quinoa   186 Kcal   295gms</b> 🌿	-----	595
	Carrot   beet   sweet potato   ginger lime dressing		



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🍷 Eggs 🐟 Fish 🌿 Lupin 🌾 Soya 🍷 Milk 🌾 Peanuts 🌾 Gluten

🦀 Crustaceans 🌿 Mustard 🌿 Nuts 🌿 Sesame 🌿 Celery 🧪 Sulphites

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SMALL PLATES





▲ <b>Tandoori jhinga   858 Kcal 220gms</b> 🦞 🌿 🥛 🍷	-----	1575
Bay prawn   char-grilled		
▲ <b>Chilli garlic fish   572 Kcal 210gms</b> 🐟 🍷 🥛	-----	795
▲ <b>Tandoori pomfret  1064 Kcal 475gms</b> 🥛 🐟 🌿 🍷	-----	1575
Chilli garlic margination   char-grilled		
▲ <b>Guntur mirch ka murgh tikka  907 Kcal  220gms</b> 🍷 🥛 🌿	-----	725
Char- grilled boneless chicken thigh   andhra chilli		
▲ <b>Sesame chicken   779 kcal 275gms</b> 🌿	-----	725
Boneless chicken thigh   stir-fry		
▲ <b>Pakey hue gosht ka boti seekh  1140 Kcal 225gms</b> 🍷 🥛	-----	975
BBQ spiced   boneless lamb		
▲ <b>Galouti kebab   1119 Kcal  235gms</b> 🍷 🥛	-----	1075
Minced mutton   mini breads		
● <b>Lotus stem   886 Kcal 185gms</b> 🧪	-----	655
Honey- chilli		
● <b>Dahi anjeeri kebab   694 kcal 255gms</b> 🥛 🍷	-----	655
Griddled hung curd   stuffed fig		
● <b>Paneer tikka   955 Kcal 295gms</b> 🍷 🥛	-----	695
Cottage cheese cubes  cranberry   almond   khoya		
● <b>Ghugni tikka chaat   551 Kcal  425gms</b> 🥛	-----	655
Yellow peas   potato   curd   tamarind		



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SANDWICHES & BURGERS

▲	<b>The club   955 Kcal  415gms</b> 🥚 🥛	-----	<b>775</b>
	Toasted triple decker sandwich   chicken   fried egg   crispy bacon   tomato   iceberg and mayo   fries		
▲	<b>Fish hoagie roll   1194 kcal 375gms</b> 🐟 🥚 🥛	-----	<b>855</b>
	Panko crusted bhetki   fried   gherkin   Tartare   lettuce		
▲	🌱 <b>kathi roll   829 kcal  275gms</b> 🌾 🥛	-----	<b>750</b>
	Chicken tikka   paneer khurchan		
▲	<b>Masala chicken burger   1132 kcal 395gms</b> 🥚 🌾	-----	<b>725</b>
	Sesame bun   spiced chicken patty   red cheddar   jalapeno & fried egg		
🌱	<b>Focaccia sandwich   962 kcal 360gms</b> 🍅 🥛 🌿	-----	<b>625</b>
	Grilled pepper   zucchini   pesto filling		
🌱	<b>Vegetable burger   864 Kcal  395gms</b> 🌾 🌿 🥛 🍄	-----	<b>625</b>
	Sesame bun   potato & beans patty   halloumi cheese   tomato & jalapeno		
🌱	<b>Chilli cheese toast   874 kcal  215gms</b> 🌾 🥛	-----	<b>575</b>
	White cheddar   green chilli		



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🐌 🥚 🐟 🌾 🌿 🥛 🥜 🌾  
Moluscs Eggs Fish Lupin Soya Milk Peanuts Gluten

🦀 🌿 🍄 🌾 🌿 🧴  
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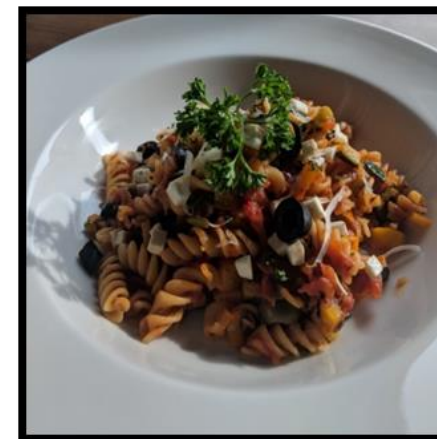
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COMFORT MAINS

▲	<b>Kolkata bhетки   543 Kcal  425gms</b> 🌾 🐟 🥛	-----	<b>1025</b>
	Pan-fried   parsley-lemon sauce mashed potatoes   seasonal   vegetables		
▲	<b>Fish n chips   763 Kcal   425gms</b> 🐟 🥛	-----	<b>1025</b>
▲	<b>Pan seared chicken breast  1017 kcal 495gms</b> 🥛 🌿 🌾 🥒	-----	<b>975</b>
	potato   steamed greens With skin   mushroom jus		
▲	<b>Grill platter   616 Kcal 495gms</b> 🐟 🥛 🌾 🦀	-----	<b>1875</b>
	Bay prawns   local fish   squid   chimichurri sauce   grilled vegetables		
▲	<b>Risotto   1174 Kcal   650gms</b> 🦀 🌿 🌾 🥛		
	Prawn ----- <b>1175</b>		
	Chicken ----- <b>1075</b>		
	Sun dried tomato ----- <b>825</b>		
	Mushroom ----- <b>825</b>		
▲	<b>Spaghetti bolognese   1337 Kcal  550gms</b> 🌾 🥜 🥛 🌿	-----	<b>975</b>
	Minced lamb   tomatoes   parmesan		
▲	<b>Penne aglio olio-Chicken  1020Kcal  550gms</b> 🥜 🌿 🌾 🥛	-----	<b>925</b>
	Chicken strips   olive oil   garlic   chilli flakes		
■	<b>Malafati 1076 Kcal 430gms</b> 🌾 🌿 🥛	-----	<b>825</b>
	spinach   cheese  pomodoro		
■	<b>Penne arabiatta   1050 Kcal  550gms</b> 🌿 🌾 🥛	-----	<b>825</b>
	Tomato sauce   chilli   parmesan		



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ASIAN

▲ <b>Chilli- basil prawns   590kcal 310gms</b> 🥬🥒🌿🍴 -----	<b>1175</b>
Pan-fried	
▲ <b>Kung pao chicken   835 kcal   345gms</b> 🍗🌿🌰 -----	<b>875</b>
Boneless chicken thigh   soya   cashew nuts	
▲ <b>Soy glazed lamb   936 kcal   375gms</b> 🍷🌿🍷 -----	<b>875</b>
Sliced lamb   shitake   ginger chilli sesame oil	
▲ <b>Thai curry   946 kcal   390gms</b> 🥒🍴🍷 -----	<b>1025   875</b>
Green   red with chicken   seasonal vegetables	
■ <b>Bean curd &amp; vegetable   629 kcal   255gms</b> 🌿🥒🍷 -----	<b>725</b>
Wok fried	
<b>Hakka Noodles   425gms</b>	
▲ Prawn   677 Kcal 🍴🌿🍷 -----	<b>675</b>
▲ Chicken   687 kcal 🍷🌿🍷 -----	<b>575</b>
■ Vegetables   482 kcal 🌿🍷 -----	<b>475</b>
<b>Stir Fired Rice   425gms</b>	
▲ Prawn   506 kcal 🍴🌿🍷 -----	<b>675</b>
▲ Chicken   538 kcal 🍷🌿🍷 -----	<b>575</b>
■ Vegetables   482 Kcal 🌿🍷 -----	<b>475</b>



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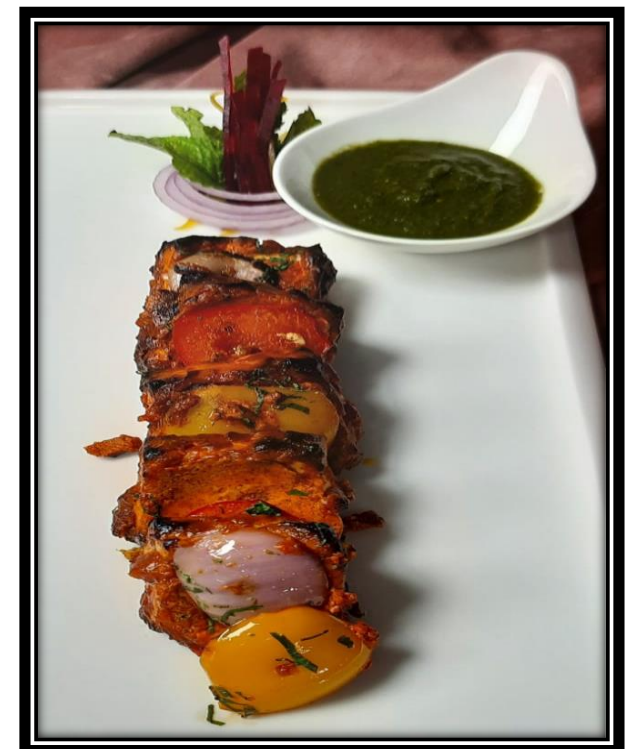
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REGIONAL AND INDIAN











▲	<b>Chingri malai curry   1010Kcal   475gms</b> 🦀 🥛	-----	1175
	Prawns   coconut milk		
▲	<b>Machho besara   493 kcal 275gms</b> 🐟 🌿		925
	Fish curry with bone   mustard   tomato		
▲	<b>Rogani gosht   1168 kcal   450gms</b> 🥛	-----	1050
	Mutton   red chilli sauce   garlic   coriander   garam masala		
	<b>Makhni   kadhai   Saag</b> 🥛		
▲	Murgh 1285 Kcal 1179 kcal 1135 kcal 455gms	-----	825
●	Paneer 842 kcal 972 kcal 1021 Kcal 445gms	-----	725
●	<b>Kofta korma   1189 kcal 425gms</b> 🌾 🥛 🍌	-----	725
	Cottage cheese   cashew khorma		
●	<b>Khumb lababdar  475gms</b> 🥛	-----	725
	Mushroom   tomato  cashew		
●	<b>Aloo gobhi adraki   651 Kcal   425gms</b> 🥛	-----	725
	Potato   Cauliflower   yoghurt		
●	<b>Lasooni palak   379 kcal   345gms</b> 🥛	-----	695
	Spinach   garlic		
●	<b>Ghonto   483 kcal  375gms</b> 🥛	-----	695
	Seasonal vegetables		
●	<b>Tawey ki sabzi   523 kcal   465gms</b> 🥛	-----	695
	Seasonal vegetables		
●	<b>Dal makhni  1172 kcal  495gms</b> 🥛	-----	695
	Black lentils   ginger   garlic		
	<b>Biryani</b>		
▲	Chicken   <b>1463 kcal 550gms</b> 🥛	-----	725
▲	Prawn   <b>1112 kcal 490gms</b> 🦀 🥛	-----	1025
▲	Mutton   <b>1577 kcal 725gms</b> 🥛	-----	925
●	Vegetable   <b>993 kcal  495gms</b> 🥛	-----	575



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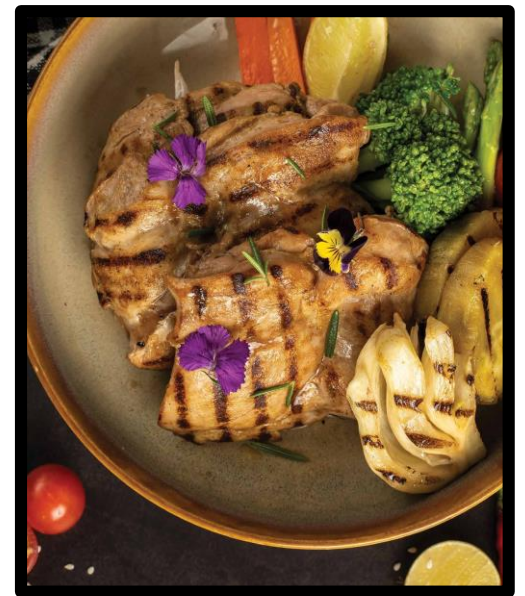
 Vegetarian
  Non-Vegetarian
  Vegan
  Signature Dishes



## SIDES

















■	Khichdi   320 Kcal   750gms	🥤 🌾	-----	595
▲	Rahu macho bhaja   290 Kcal   180gms	🐟	-----	425
■	Steamed rice   374 Kcal   550gms		-----	325
■	Dali   597 kcal   375gms	🥤	-----	375
■	Raita   99 kcal   290gms	🥤	-----	295
■	Khajuri khatta   320 Kcal   220gms	🍌	-----	175
■	Tandoori roti   naan   lachha paratha	🌾 🥤	-----	145
	209 kcal   208 Kcal   208 Kcal   50gms			



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 ✓ Vegan  
 ★ Signature Dishes



DESSERTS

▲	<b>Apple pie   759 Kcal   300gms</b> 🥧 🌾 🍏	-----	<b>495</b>
	Sugar free		
▲	<b>Chocolate torte   741 Kcal   160gms</b> 🍫 🍌 🥛	-----	<b>525</b>
	Warm   flourless   chocolate ganache   vanilla icecream		
▲	<b>Cheese cake   865 Kcal   130gms</b> 🍷 🥛 🌾	-----	<b>525</b>
	Berry sauce		
●	<b>Rosogolla   829 Kcal   140gms</b> 🥛	-----	<b>395</b>
	Cottage cheese dumpling   poached in sugar syrup		
●	<b>Moong badam ka kunj 483 Kcal   235gms</b> 🥛 🌾 🍌	-----	<b>495</b>
	Lentil   nuts		
●	<b>Badami gulabjamun   1192 Kcal   140gms</b> 🥛 🍌 🌾	-----	<b>395</b>
	Almond   milk solid-balls   fried   soaked in sugarsyrup		



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🐌 🍳 🐟 🦀 🥛 🌾 🥜 🌾  
Moluscs Eggs Fish Lupin Soya Milk Peanuts Gluten

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BEVERAGES







<input checked="" type="checkbox"/>	<b>Freshly-brewed coffee   54kcal   150ml</b> 	-----	<b>295</b>
	Regular or decaffeinated espresso   caffè latte   cappuccino   south Indian filter Coffee		
<input checked="" type="checkbox"/>	<b>Mocha frappe   135Kcal   245ml</b> 	-----	<b>375</b>
<input checked="" type="checkbox"/>	<b>Hot drinks   157Kcal   150ml</b> 	-----	<b>375</b>
	Hot chocolate   warm health drinks		
<input checked="" type="checkbox"/>	<b>Tea   20 Kcal   150ml</b> 	-----	<b>275</b>
	Darjeeling   English breakfast   Assam   earl grey   green tea   chamomile   Indian masala selection		
<input checked="" type="checkbox"/>	<b>Detoxifying Juices   122 Kcal   245ml</b> 	-----	<b>355</b>
	Apple, beetroot, carrot   beetroot   orange   watermelon   spinach   ginger   cucumber   mint		
<input checked="" type="checkbox"/>	<b>Choice of chaas   34Kcal   245ml</b> 	-----	<b>375</b>
	Buttermilk – plain   salted   masala		
<input checked="" type="checkbox"/>	<b>Choice of lassi   194 Kcal   245ml</b> 	-----	<b>355</b>
	Churned yoghurt – plain   salt   mango		
<input checked="" type="checkbox"/>	<b>Choice of milkshakes   470 Kcal   245ml</b> 	-----	<b>355</b>
	Vanilla   strawberry   chocolate   nougat   banana   mango		
<input checked="" type="checkbox"/>	<b>Flavoured ice teas   20Kcal   245ml</b> 	-----	<b>275</b>
	Orange   lime   peach   mango		



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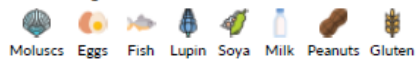
Vegetarian  Non-Vegetarian  Vegan  Signature Dishes

■	<b>Fresh lime</b> soda   water	-----	255
■	<b>Tonic water</b>	-----	325
■	<b>Ginger ale</b>	-----	325
■	<b>Energy drink</b>	-----	325
■	<b>Sparkling water</b>	-----	395
■	<b>Natural Mineral Water</b>	-----	355
■	<b>Bottled water</b>	-----	255
■	<b>Aerated beverages</b>	-----	255



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# VIVANTA

BHUBANESWAR  
DN Square