






























*As per the guidelines issued by
Food Safety & Standards Authority
of India (FSSAI), an average active
adult requires 2000 kcals of
energy per day. However, the actual
calories needed may vary per person.*

*For detailed information on the Nutritional values of
each item on the menu, please ask our associate or scan the QR code.*



All Day Breakfast

0700 hrs to 1030 hrs

	Fruit platter 186 kcal 210 gms Seasonal fruits	350
	Choice of cereal 141 kcal 115 gms Hot or cold milk 	350
	Baker's basket 265 kcal 100 gms Croissant, muffin, danish, fruit bread   	350
	Akuri 182 kcal 120 gms Egg, onion, spices  	550
	Eggs to order 144 kcal 100 gms Poached    182 kcal 120 gms Scrambled   215 kcal 120 gms Omelette  488 kcal 188 gms Benedict 	550
	Dosa Uttappam (plain / masala) 322 kcal 350 gms Sambhar and chutneys   	550
	Idli 321 kcal 350 gms Sambhar and chutneys  	550
	Kanda batata poha 333 kcal 250 gms Flattened rice with onion, potatoes   	525

Above kcal are based on per portion










List of Allergen

Kindly inform us if you are allergic to any food ingredients

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 Vegetarian  Non Vegetarian

<p>  Paratha 625 260 kcal 190 gms Aloo 248 kcal 190 gms Gobhi 239 kcal 190 gms Paneer Whole wheat bread-stuffed, curd and pickle  </p>
<p>  Chole - bhature 525 376 kcal 370 gms Chickpea, cumin, coriander  </p>
<p>  Poori bhaji 525 339 kcal 350 gms Whole wheat bread fried with potato curry  </p>
<p>  Smoothies 525 280 kcal 300 ml Blueberry, banana, pineapple, kiwi  </p>
<p>  Juice 425 112 kcal 300 ml Apple, beetroot, celery, carrot, watermelon </p>

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 Vegetarian
  Non Vegetarian

Starters, Salads, Soup

▲	Tandoori jhinga 481 kcal 150 gms Prawns with spices and yoghurt 	1300
▲	Sarson mahi tikka 348kcal 250 gms Fish mustard with spices and yoghurt 	850
▲	Angara murgh tikka 501 kcal 290 gms Boneless chicken cubes, spices and yoghurt 	750
	Born In Tijuana	675
▲	221 kcal 130 gms Pan-seared shrimp, grilled chicken, ham and vegetable 	
●	121 kcal 120 gms Caesar salad with toppings 	
	Spring roll	650
▲	410 kcal 160 gms	
●	375 kcal 150 gms 	
●	Tandori mushroom 520 kcal 160 gms Button mushroom, spices and curd 	650
●	Vegetable shikampuri kebab 341 kcal 250 gms Vegetable dumplings, curd and chilly 	650

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	Malay chichen satay 303 kcal 150 gms Chicken, lemongrass and galangal 	600
	Titicaca greens 155 kcal 150 gms Quinoa, micro greens, asparagus, beetroot baby spinach, soy-chilly dressing 	550
	Aloo chana papdi chat 594 kcal 300 gms Spiced potato, chickpea and saunth chutney 	450
	Forest rocks 722 kcal 200 gms Crispy corn with wasabi mayo 	450
	Mountain mushroom cappuccino 103 kcal 200 gms Mushroom dust, thyme and garlic 	350
	Himalayan green tomato minestrone 246 kcal 200 gms Parmigiano flakes with extra virgin olive oil 	350
	Hot & sour soup	350
	134 kcal 200 gms Chicken 	
	97 kcal 200 gms Vegetable 	
	Sweet corn soup	350
	179 kcal 200 gms Chicken 	
	86 kcal 200 gms Vegetable	

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Sandwiches and Comfort food

	The Vivanta club 811 kcal 380 gms Tomato, chicken breast, bacon, iceberg, mayo, fries  	750
	Chicken burger 480 kcal 425 gms Chicken, sesame bun, crispy iceberg, fried onions, tomato, gherkins, BBQ sauce 	750
	Periyar club sandwich 817 kcal 349 gms Coleslaw, cucumber, cheese, tomato, lettuce 	650
	Vegetable burger 365 kcal 425 gms Potato - vegetable patty, sesame bun, iceberg, tomato, avacado, cheese, mayonnaise  	650
	Roasted vegetable avocado focaccia sandwich 274 kcal 150 gms Grilled vegetable, focaccia, pesto 	650
	Bhetki tarter 348 kcal 210 gms Fish and chips  	650
	Kaziranga kathi kebab 675 kcal 300 gms Egg rolls, chicken tikka, peppers	650
	Paneer masala kathi kebab 611 kcal 300 gms Tandoori paneer, capsicum, onion, mint chutney 	650
	Khichdi 450 kcal 300 gms Mashed rice, moong dal, ghee, cumin	500

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Western

- | | | |
|---|---|-------------|
| ▲ | New Zealand lamb chops
558 kcal 250 gms Vegetables, cilantro, tabbouleh and mint sauce
 | 1750 |
| ▲ | Parmesan & sundried tomato crushed salmon
457 kcal 160 gms Leek, carrot, baby potato
  | 1750 |
| ▲ | Pan seared bhetki
348 kcal 210 gms Fish, saute vegetable, baby potato and lemon capers
  | 1400 |
| ▲ | Chicken breast
484 kcal 200 gms Potato grilled vegetable and pepper jus
 | 1100 |
| ▲ | Roasted pumpkin tortellini
670 kcal 350 gms Pumpkin, cheese cream and tomato sauce
   | 750 |
| ● | Mountain mushroom risotto
442 kcal 300 gms Wild mushroom, parmesan, butter
 | 750 |
| ● | Farfale primavera
391 kcal 350 gms Tomato, seasonal vegetable and basil
  | 700 |
| ● | Whole wheat penne arrabiata
415 kcal 350 gms Garlic, chilli flakes, chunky tomato sauce
  | 700 |
| ● | Grilled vegetable
219 kcal 230 gms Green asparagus, mushrooms, carrots, eggplants, tomatoes, olive oil, parmesan shavings | 450 |

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Kids mini meal

	Mini slider	550
	293 kcal 120 gms Chicken and cheese	
	154 kcal 100 gms Chutney and cheese	
	 	
	Mini sandwich	500
	215 kcal 95 gms Chicken grilled	
	154 kcal 48 gms Plain cheese	
	 	
	Khichdi bowl	350
	215 kcal 150 gms Plain	
	266 kcal 150 gms Corn and peas	
	157 kcal 150 gms Oats	
	Pasta bowl	500
	320 kcal 200 gms Olive oil and salt	
	406 kcal 200 gms Cheese	
	202 kcal 200 gms Tomato	
	 	
	French fries	350
	365 kcal 117 gms Fried potato	
	Smiley	350
	72 kcal 67 gms Fried potato	
	Baked cheese cake	500
	560 kcal 160 gms Blueberry compote	
	  	
	Chocolate - walnut brownie	500
	570 kcal 150 gms Vanilla ice cream, chocolate sauce	
	  	

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Indian Main Course

▲	Dhungar maas 942 kcal 350 gms Smoke mutton spices with onion and tomato 	900
▲	Murgh tikka lababdar 900 kcal 425 gms Boneless chicken cube with onion and tomato  	800
▲	Katla kaliya 818 kcal 350 gms Fish, curd, onion, tomato and spices   	800
■	Kadai paneer 682 kcal 250 gms Cottage cheese with capsicum, onion and tomato  	750
■	Aloo gobi hara pyaz 308 kcal 200 gms Potato, cauliflower with spring onion  	650
■	Bhindi do pyaza 326 kcal 180 gms Okra, onions and tomatoes  	550
■	Dal makhani 432 kcal 275 gms Black urad dal with butter and cream 	550
■	Dal tadka 430 kcal 275 gms 	550

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<p>  Selection of Indian breads 250 </p> <p> 373 kcal 120 gms Butter naan   </p> <p> 255 kcal 120 gms Roti  </p> <p> 446 kcal 160 gms Kulcha 186 kcal 160 gms Lachha paratha  </p>
<p>  Dum biryani 1000 </p> <p> 959 kcal 680 gms Lamb   </p>
<p>  774 kcal 560 gms Chicken 900 </p> <p>   </p>
<p>  788 kcal 560 gms Vegetable 850 </p> <p>   </p>
<p>  Choice of Rice pulao 350 </p> <p> 273 kcal 200 gms Steamed rice 354 kcal 250 gms Green peas pulao 354 kcal 250 gms Bhune pyaz ka pulao 441 kcal 300 gms Jeera pulao  </p>

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Flavors of Sikkim

▲	Nepali non vegetarian thali	1300
	1332 kcal 500 gms Chicken	
	1332 kcal 500 gms Pork	
	1332 kcal 500 gms Mutton	
	Dal, saag, achar, papad, dhindo, rice	
	 	
●	Nepali vegetarian thali	1200
	1289 kcal 500 gms Dal, saag, achar, papad, dhindo, rice	
	 	
▲	Nepali pork curry with rayo saag	950
	690 kcal 300 gms	
		
	Ghy thuk	750
▲	89 kcal 250 gms Chicken	
●	261 kcal 250 gms Noodle / Vegetable	
		
	Momo Jhol momo	
▲	256 kcal 180 gms 456 kcal 350 gms Chicken	750
▲	380 kcal 180 gms 620 kcal 350 gms Pork	750
●	250 kcal 180 gms 430 kcal 350 gms Vegetable	650
	 	
	Phaley	750
▲	478 kcal 200 gms Chicken	
●	478 kcal 200 gms Cabbage dumpling	
		
	Tingmo and sepen	700
▲	223 kcal 250 gms Nepali chicken curry	
●	195 kcal 250 gms Aloo dum	
	 	
●	Seal roti with aloo dum	550
	914 kcal 250 gms Rice bread	
	 	

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Healthy section

	Grilled chicken 450 kcal 350 gms Served with vegetables 	1100
	Cobb salad 200 kcal 300 gms Iceberg, tomato, crispy bacon, chicken, hard-boiled eggs, red-wine Vinaigrett	750
	Stir-fried greens 29 kcal 330 gms Pokchoy, asparagus, bell peppers and napa cabbag	750
	Avocado and smoked salmon on toast 195 kcal 50 gms Multigrain toast 	650
	Vegan porridge 246 kcal 330 gms Quinoa / almond milk porridge (gluten free)	525
	Vegan scramble 390 kcal 660 gms Tofu, moong sprouts (gluten free)	525
	Healthy sprouts salad 796 kcal 270 gms Cherry tomato, cucumber and olive (gluten free)	450

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Asian classic

▲	Thai red chicken curry	750
	328 kcal 236 gms Thai red curry, galangal, lemongrass 	
▲	Chicken	750
	522 kcal 250 gms Kung pao 719 kcal 200 gms Hot garlic 697 kcal 200 gms Szechuan	
▲	Thai red vegetable curry	650
	328 kcal 236 gms Thai red curry 	
●	Mossy shucaï	650
	307 kcal 236 gms Vegetable green curry, jasmine rice 	
●	Mapo dofu	650
	767 kcal 250 gms Tofu, chilli, black bean, noodle 	
	Fried rice	
▲	405 kcal 250 gms Sea food 	650
▲	420 kcal 250 gms Egg 	500
▲	876 kcal 250 gms Chicken 	500
●	777 kcal 250 gms Burnt garlic 	450
	Noodles	
▲	179 kcal 370 gms Sea food 	650
▲	577 kcal 250 gms Egg 	500
▲	876 kcal 250 gms Chicken 	500
●	777 kcal 250 gms Burnt garlic 	450

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Desserts

▲	Caramel custard 234 kcal 150 gms Caramel, sauce 🌾 🥛 🍮	525
▲	Baked cheese cake 560 kcal 160 gms Blueberry compote 🌾 🥛 🍮	525
▲	Chocolate - walnut brownie 570 kcal 150 gms Vanilla ice cream, chocolate sauce 🌾 🥛 🍮	525
●	Pistachio gulab jamun 370 kcal 190 gms Fried milk dumplings, sugar syrup 🌾 🥛	375
●	Fresh cut fruits 186 kcal 210 gms	400
●	Choice of ice cream 263 kcal 120 gms Vanilla 245 kcal 120 gms Chocolate 263 kcal 120 gms Strawberry 275 kcal 120 gms Butterscotch 🥛 🌾	350

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Molluscs Eggs Fish Lupin Soya Milk Peanuts Gluten Crustaceans Mustard Nuts Sesame Celery Sulphites

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Cold Beverages

- **Milk shake**

348 kcal | 280 ml | Vanilla



486 kcal | 280 ml | Pineapple



514 kcal | 280 ml | Chocolate



350
- **Lassi**

347 kcal | 280 ml | Keshar

150 kcal | 280 ml | Salted



350
- **Seasonal fresh fruit juice**

From our fresh fruits selection

210 kcal | 300 ml | Watermelon

470 kcal | 300 ml | Citrus

450 kcal | 300 ml | Pineapple

350
- **Vegetable juice**

188 kcal | 300 ml | Apple, beetroot and carrot

70 kcal | 300 ml | Cucumber, mint

350
- **Selection of Coffee**

61 kcal | 150 ml | Espresso / Americano / Cafe latte

300
- **Selection of Tea**

114 kcal | 300 ml | Darjeeling / Earl grey / Green / Masala Chai

300

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